

# FIRST AID FOR MINOR BURNS

Minor burns are burns that cover only a small area of the body.

## **DO:**

- Apply cold water immediately for approximately 15 minutes. This helps lessen the pain and stops the heat from penetrating deeper.
- Leave blisters intact.
- Protect area from heat (sun) and dirt.
- Wash wound gently with a mild soap and water especially if the blister has burst.

## **DO NOT:**

- Apply butter or grease. This can cause infection.

## **IF YOU NEED FURTHER INFORMATION OR ASSISTANCE FOR**

- Increased pain, redness, swelling or fever.
- Any burn to a child less than 2 years old.

**CALL THE GROSSMAN BURN CENTER  
(337) 289-4278**

**FOR LARGER OR MORE SERIOUS BURNS  
GET MEDICAL ATTENTION IMMEDIATELY AT  
OUR LADY OF LOURDES HOSPITAL.**



**OUR LADY OF LOURDES**  
REGIONAL MEDICAL CENTER  
THE GROSSMAN BURN CENTER

The Grossman Burn Center at Our Lady of Lourdes is a 6-bed critical care unit, an outpatient clinic for routine burn care with the backup of an expertly staffed Emergency Department. The Burn Center is the only specialized unit for the treatment of burns in Acadiana.